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"Deep play is the ecstatic form of play. In its thrall, all the play elements are visible, but they're taken to intense and transcendent

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heights." ~ pg. 12 Diane Ackerman's books have a very personal style to them and her poetic prose is a pleasure to read.

~~Deep Play: Ackerman, Diane: 8601422769173: Amazon.com: Books~~

□ Diane Ackerman's Deep Play opens up a fascinating new territory of discussion, which could forever alter your approach to play in daily life. □ Amazon.com, Top Ten Books of the Year in Spirituality and Inspiration "A fascinating subject, written in a swiftly moving and sensuous prose." □ Washington Post Book World

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With A Natural History of the Senses, Diane Ackerman let her free-

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ranging intellect loose on the natural world. Now in Deep Play she tackles the realm of creativity, by exploring one of the most essential aspects of our characters: the ability to play.

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"Deep play is the ecstatic form of play. In its thrall, all the play elements are visible, but they're taken to intense and transcendent heights." ~ pg. 12 Diane Ackerman's books have a very personal style to them and her poetic prose is a pleasure to read.

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~~Deep Play - Diane Ackerman - Google Books~~

"The spirit of deep play," writes Diane Ackerman (*A Natural History of the Senses*), "is spontaneity, discovery, and being open to new challenges." *This Earth Ecstatic* (as she calls herself) showers our senses with dazzling sights, sounds, and adventures in this lyrical and lovely book about the lessons and meanings of play.

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~~Deep Play by Diane Ackerman | Review | Spirituality & Practice~~

By DIANE ACKERMAN Random House. Read the Review. Deep Play. Deep. adj. 1. The most intense or extreme part. 2. Profoundly absorbed or immersed. 3. A distance estimated in fathoms. [The American...

~~Deep Play - The New York Times~~

It belongs to the spectrum of experience which Diane Ackerman, one of the greatest science storytellers of our time, describes in Deep Play (public library) [a bewitchingly inquiry into those moods colored by [a combination of clarity, wild enthusiasm, saturation in the moment, and wonder,] which render us in a state of [waking trance.]

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~~Diane Ackerman on the Evolutionary and Existential Purpose ...~~

Ackerman received a Bachelor of Arts in English from Pennsylvania State University and a Master of Arts, Master of Fine Arts and Ph.D. from Cornell University. Among the members of her dissertation committee was Carl Sagan , an astronomer and the creator of the Cosmos television series. [2]

~~Diane Ackerman - Wikipedia~~

With *A Natural History of the Senses* , Diane Ackerman let her free-ranging intellect loose on the natural world. Now in *Deep Play* she tackles the realm of creativity, by exploring one of the most essential aspects of our characters: the ability to play.



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Overview With A Natural History of the Senses, Diane Ackerman let her free-ranging intellect loose on the natural world. Now in Deep Play she tackles the realm of creativity, by exploring one of the most essential aspects of our characters: the ability to play.

~~Deep Play by Diane Ackerman, Paperback | Barnes & Noble®~~

Art, religion, risk-taking, and sports (remote, silent, floating sports like scuba, parachuting, mountain climbing) are all forms of deep play. Typical for Ackerman is a "marginally frightening state in which I would exist entirely in the tense present and feel quintessentially alive," like piloting a small plane, although building a fieldstone wall, the sight of autumn leaves, and the sharing of friendship can also trigger an experience where time implodes or

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explodes or splits, and the ...

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With A Natural History of the Senses, Diane Ackerman let her free-ranging intellect loose on the natural world. Now in Deep Play she tackles the realm of creativity, by exploring one of the most essential aspects of our characters: the ability to play. "Deep play" is that more intensified form of play that puts us in a rapturous

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mood and awakens the most creative, sentient, and joyful aspects ...

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Diane Ackerman is the author of two dozen highly-acclaimed works of poetry and nonfiction, including New York Times bestsellers *The Zookeeper's Wife*, *A Natural History of the Senses*, *The Human Age*, and Pulitzer Prize Finalist, *One Hundred Names for Love*. "I find that writing each book becomes a mystery trip, one filled with mental, emotional (and sometimes physical) adventures.

~~Diane Ackerman Author, Poet, Naturalist~~

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~~Deep Play: Ackerman, Diane, Zurbrugg, Shauna: Amazon.sg:~~

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## ~~Books~~

Ms. Ackermann discusses the varieties of 'peak experiences' people have and how, au fond, they are all variations on "Deep Play", a state of being that transcends 'normal' waking consciousness. Deep Play, Diane Ackerman, 1999 signed 9780679448792 | eBay

~~Deep Play, Diane Ackerman, 1999 signed 9780679448792 | eBay~~

With A Natural History of the Senses , Diane Ackerman let her free-ranging intellect loose on the natural world. Now in Deep Play she tackles the realm of creativity, by exploring one of the most essential aspects of our characters: the ability to play. "Deep play"

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With *A Natural History of the Senses*, Diane Ackerman let her free-ranging intellect loose on the natural world. Now in *Deep Play* she tackles the realm of creativity, by exploring one of the most essential aspects of our characters: the ability to play. "Deep play" is that more intensified form of play that puts us in a rapturous mood and awakens the most creative, sentient, and joyful aspects of our inner selves. As Ackerman ranges over a panoply of artistic, spiritual, and athletic activities, from spiritual rapture through extreme sports, we gain a greater sense of what it means to be "in the moment" and totally, transcendently human. Keenly perceived and written with poetic exuberance, *Deep Play* enlightens us by revealing the manifold ways we can enhance our lives.

Provides an incisive exploration of the concept of "deep play"--a

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psychological state of mind in which we fully engage our faculties--discussing the activities that draw us into this state, the qualities that distinguish deep-play activities, and the ways in which the state can be achieved. Reprint. 17,500 first printing.

Provides an incisive exploration of the concept of "deep play"--a psychological state of mind in which we fully engage our faculties--discussing the activities that draw us into this state, the qualities that distinguish deep-play activities, and the ways in which the state can be achieved. 35,000 first printing.

Diane Ackerman's lusciously written grand tour of the realm of the senses includes conversations with an iceberg in Antarctica and a professional nose in New York, along with dissertations on kisses

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and tattoos, sadistic cuisine and the music played by the planet Earth. "Delightful . . . gives the reader the richest possible feeling of the worlds the senses take in." "The New York Times

In the mode of her bestseller *A Natural History of the Senses*, Diane Ackerman celebrates the sensory pleasures of her garden through the seasons. Whether she is deadheading flowers or glorying in the profusion of roses, offering sugar water to a hummingbird or studying the slug, she welcomes the unexpected drama and extravagance as well as the sanctuary her garden offers. Written in sensuous, lyrical prose, *Cultivating Delight* is a hymn to nature and to the pleasure we take in it.

Documents the heroic true story of Warsaw Zoo keepers and

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resistance activists Jan and Antonina Zabinski who, in the aftermath of Germany's invasion of Poland, saved the lives of hundreds of Jewish citizens by smuggling them into empty cages and their home villa. Reprint. 70,000 first printing.

From the New York Times bestselling author of *The Zookeeper's Wife*, an ambitious and enlightening work that combines an artist's eye with a scientist's erudition to illuminate, as never before, the magic and mysteries of the human mind. Long treasured by literary readers for her uncommon ability to bridge the gap between art and science, celebrated scholar-artist Diane Ackerman returns with the book she was born to write. Her dazzling new work, *An Alchemy of Mind*, offers an unprecedented exploration and celebration of the mental fantasia in which we spend our days—and does for the human



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mind what the bestselling *A Natural History of the Senses* did for the physical senses. Bringing a valuable female perspective to the topic, Diane Ackerman discusses the science of the brain as only she can: with gorgeous, immediate language and imagery that paint an unusually lucid and vibrant picture for the reader. And in addition to explaining memory, thought, emotion, dreams, and language acquisition, she reports on the latest discoveries in neuroscience and addresses controversial subjects like the effects of trauma and male versus female brains. In prose that is not simply accessible but also beautiful and electric, Ackerman distills the hard, objective truths of science in order to yield vivid, heavily anecdotal explanations about a range of existential questions regarding consciousness, human thought, memory, and the nature of identity.

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▯Fizzes with intellectual curiosity. Kane writes engagingly and with a humility difficult to find among idea-entrepreneurs▯ James Harkin, Independent We all think we know what play is. Play is what we do as children, what we do outside of work, what we do for no other reason than for pleasure. But this is only half of the truth. The Play Ethic explores the real meaning of play and shows how a more playful society would revolutionize and liberate our daily lives. Using wide and varied sources ▯ from the Enlightenment to Eminem, Socrates to Chaos theory, Kierkegaard to Karaoke ▯ The Play Ethic shows how play is fundamental to both society and to the individual, and how the work ethic that has dominated the last three centuries is ill-equipped to deal with the modern world. With verve, wit and intelligence, Pat Kane takes us on a tour of the playful

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world arguing that without it business, the arts, politics, education, even our family and spiritual lives are fundamentally impoverished. The Play Ethic seeks to change the way you look at your daily life, how you interact with others, how you view the world. It is a guidebook to new, exciting and unsettling times. Shocking, controversial, yet magnificently argued, The Play Ethic is a book no one who works, or has ever worked, can afford to be without. Kane's Manifesto for a Different Way of Living is a brave attempt to inject a little playfulness . . . into the dull grind of the working stiff Iain Finlayson, The Times

Winner of the National Outdoor Book Award and the PEN New England Henry David Thoreau Prize. A dazzling, inspiring tour through the ways that humans are working with nature to try to save

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the planet. With her celebrated blend of scientific insight, clarity, and curiosity, Diane Ackerman explores our human capacity both for destruction and for invention as we shape the future of the planet Earth. Ackerman takes us to the mind-expanding frontiers of science, exploring the fact that the "natural" and the "human" now inescapably depend on one another, drawing from "fields as diverse as evolutionary robotics□nanotechnology, 3-D printing and biomimicry" (New York Times Book Review), with probing intelligence, a clear eye, and an ever-hopeful heart.

The author of the best-selling *A Natural History of the Senses* explores the diverse faces and forms of love from a scientific, psychological, and philosophical perspective. Reprint. 50,000 first printing.

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